

# Parenting/Relationship Practitioners

## Reducing Parental Conflict Programme

Funded by the Department of Work and Pensions (DWP), the **Reducing Parental Conflict Programme** is an exciting new development, trialling a range of different interventions intended to strengthen couple and co-parenting relationships, particularly in unemployed families.

We are seeking family practitioners experienced in both couple and parenting work, to work with couples and co-parents in local venues in the London boroughs of Brent, Camden, Hammersmith and Fulham, Kensington and Chelsea, Westminster, Lambeth and Croydon.

We are keen to recruit people who have experience of delivering Triple P or similar parenting programmes, and who are able to work flexibly across the London areas.

### Key Terms and Conditions of Employment

**Purpose of Job:** To deliver the Triple P Enhanced and Family Transitions intervention to couples and co-parents in homes and local venues across London.

**Reports to:** Deputy Programme Manager

**Location:** Central London

**Contract:** Permanent

**Hours of work:** Full-time (37.5 hours per week) or part-time (hours negotiable), Monday-Friday. Some evening and weekend working may be required

**Salary:** £25,530 – £35,807 (pro rata for part-timers) depending on skills, experience and qualifications

**Holiday:** 25 days, rising to 26 days after 1 year of continuous employment and to 27 days after 2 years of continuous employment (pro rata for part-timers) plus 8 bank holidays

**Pension:** Group personal pension scheme  
5% employee contribution – 6% employer contribution

### About Us

Formed in 1948, Tavistock Relationships is internationally renowned as an organisation delivering and developing advanced practice, training and research in therapeutic and psycho-educational approaches to supporting couples.

We deliver professional training to the next generation of couple therapists and provide clinical services to couples and parents throughout London. We provide a range of affordable counselling and psychotherapy services which support clients experiencing challenges in their relationships, their sexual lives and their parenting.

In addition, we undertake research, service development and policy activities which encourage the development and growth of effective and innovative relationship support interventions.

## **Courses and Training**

We provide accredited professional trainings in Counselling, Psychotherapy and Psychosexual Therapy, from introductory courses to doctoral programmes.

We also offer a full programme of CPD courses and conferences which provide opportunities for professionals to further develop their expertise.

Furthermore, we work with local and national government, the health sector, education and other voluntary organisations who commission us to develop and deliver training as well as relationship support programmes.

## **Counselling and Therapy Services**

Our team of clinicians offer a range of affordable counselling and therapy services to support every individual, couple or parent facing relationship problems. Uniquely Tavistock Relationships is the only London based service that provides a payment sliding scale meaning that our services are accessible for all those who wish to use them.

For more information about our counselling and therapy services please visit [www.tavistockrelationships.org](http://www.tavistockrelationships.org).

## **Policy and Research**

Tavistock Relationships undertakes service development, [policy and research](#) activities to encourage the development of effective and cutting edge relationship support services. We raise awareness of the importance of relationships to the health and well-being of our society by influencing politicians and policy-makers at the highest level.

We are committed to delivering the highest quality of service to all of our clients and to a culture of continuous improvement. [Read more](#) about how we review our services and ensure a commitment to quality.

## **Innovative Projects**

One way we bring innovative practice into being is through our projects. These new and challenging pieces of commissioned work (often including third sector, health as well as national or local government partnerships) include specially designed clinical delivery and front line training. Details of current projects we have can be found in our [Services and Programmes page](#).

## **Background to the Parental Conflict Programme**

The Department for Work and Pensions have awarded a contract to Tavistock Relationships to implement their new and innovative Reducing Parental Conflict programme, to be delivered to families in the London Boroughs of Brent, Camden, Kensington and Chelsea, Westminster, Hammersmith and Fulham, Lambeth and Croydon. (This is one of four regional areas – nationally, the intention is to trial a number of different ways of working with parental couples and to evaluate the effectiveness of each.) In the London region, the lead borough will be Westminster, and the nominated interventions are Triple P Family Transitions, Triple P Advanced, Within My Reach and Family Check Up.

Local authority partners in each participating London borough will be invited to identify and refer couples and co-parents from workless or low-income families, where difficulties in their relationship are affecting their parenting capacity.

The role of Tavistock Relationships will be to co-ordinate a team of practitioners to carry out the work, some employed directly by Tavistock Relationships and some by sub-contractors (Relate, Asian Family Counselling Service, Family Lives, Elfrida Rathbone Camden) and to maintain the quality and effectiveness of that work.

## Responsibilities

- To be part of a team delivering Triple P Enhanced and Triple P Family Transitions to couples and co-parents across London;
- To be flexible in approach and able to work with a wide range of families from different backgrounds and faced with different challenges;
- To assess co-parents suitability for participating in the programme with particular regard for risk;
- To promote the work to local agencies;
- To maintain records and produce reports as required;
- To participate in training events in relation to the programme;
- To carry out all duties in accordance with Tavistock Relationships' policies, including our Code of Ethics, Code of Practice, Equality and Diversity Policy and Safeguarding Policy.

## Person Specification

<b>Essential</b>	
<b>Skills and Experience</b>	Training and/or experience in parenting, family support, social work, psychology or psychotherapy
	Experience in work with couples and in parenting work
	Experience of working with a wide range of families, including those who are hard to engage or living in adverse circumstances
	Experience of delivering manualised parenting programmes (desirable: Triple P Level 4)
	Confidence in working independently in a wide range of settings, including family homes
	Capacity to write clear and accurate case notes and to produce systematic reports
	Demonstrate an ongoing commitment to undertaking appropriate continuing professional development
	Understand the principles of safeguarding structures and procedures
	Be flexible, able to adapt to changing times and different work contexts
	Have a track record of working well with others in an organisational setting
	Be able to communicate clearly and effectively in spoken and written word to a broad range of people
	Have a stable temperament and a capacity for self-reflection